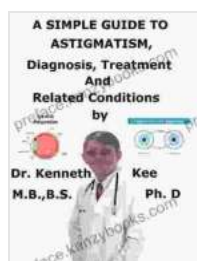


The Ultimate Guide to Astigmatism: Diagnosis, Treatment, and Related Conditions

What is Astigmatism?

Astigmatism is a common eye condition that occurs when the cornea or lens of the eye is not perfectly round. This causes light to be focused on multiple points on the retina, resulting in blurred or distorted vision.



A Simple Guide To Astigmatism, Diagnosis, Treatment And Related Conditions by Renee Benzaim

★★★★☆ 4 out of 5

Language	: English
File size	: 1211 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 72 pages
Lending	: Enabled



Causes of Astigmatism

Astigmatism is usually caused by an uneven curvature of the cornea, the clear outer layer of the eye. This can be due to genetics, eye injuries, or certain medical conditions.

Symptoms of Astigmatism

Symptoms of astigmatism can include:

* Blurred or distorted vision * Difficulty seeing fine details * Eye strain *
Headaches * Squinting

Diagnosis of Astigmatism

Astigmatism is diagnosed during a comprehensive eye exam. Your eye doctor will use a variety of tests to measure the curvature of your cornea and lens.

Treatment Options for Astigmatism

There are several treatment options available for astigmatism, including:

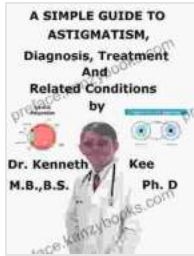
* **Glasses:** Corrective lenses can help to focus light properly on the retina, improving vision. * **Contact lenses:** Contact lenses can also correct astigmatism, and they offer the advantage of not having to wear glasses. * **Refractive surgery:** Refractive surgery can permanently correct astigmatism by reshaping the cornea.

Related Eye Conditions

Astigmatism is often associated with other eye conditions, such as:

* **Myopia (nearsightedness):** Difficulty seeing distant objects clearly. *
Hyperopia (farsightedness): Difficulty seeing close objects clearly. *
Presbyopia: Age-related difficulty focusing on close objects.

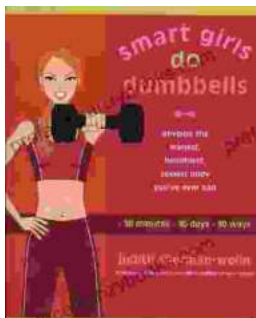
Astigmatism is a common eye condition that can cause blurred or distorted vision. There are a variety of treatment options available, including glasses, contact lenses, and refractive surgery. If you are experiencing symptoms of astigmatism, it is important to see an eye doctor for diagnosis and treatment.



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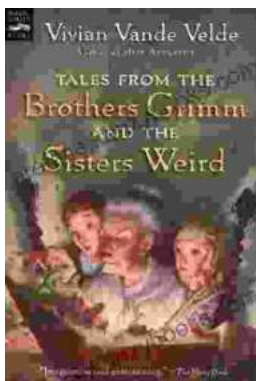
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