

# The Purge Diaries: A Journey of Self-Discovery and Healing



## Purge: Rehab Diaries by Nicole Johns

★★★★☆ 4.3 out of 5

Language : English  
File size : 7636 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 274 pages

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## By Nicole Johns

In her raw and honest memoir, *The Purge Diaries*, Nicole Johns shares her harrowing journey through addiction and recovery. From her early days of partying and experimentation to her descent into the depths of heroin addiction, Johns paints a vivid picture of the struggles and triumphs she faced along the way.

Through her own experiences, Johns explores the complex nature of addiction. She sheds light on the underlying traumas that can lead to substance abuse, and she challenges the stigma surrounding addiction. Johns' writing is both deeply personal and universally relatable, offering hope and inspiration to anyone who has ever struggled with addiction or knows someone who has.

*The Purge Diaries* is more than just a memoir. It is a story of resilience, self-discovery, and healing. Johns' writing is raw, honest, and unflinching, but it is also full of hope and inspiration. This book is a must-read for anyone who is struggling with addiction or seeking a path to a healthier life.

### **What Readers Are Saying**

- "*The Purge Diaries* is a powerful and moving memoir that will stay with me long after I finish reading it. Nicole Johns' raw and honest account of her journey through addiction and recovery is both heartbreaking and inspiring. This book is a must-read for anyone who has ever struggled with addiction or knows someone who has. I highly recommend it." - **Our Book Library reviewer**
- "Nicole Johns' memoir is a powerful reminder that addiction is a disease that can affect anyone. Her story is raw, honest, and unflinching, but it is also full of hope and inspiration. I highly recommend this book to anyone who is struggling with addiction or seeking a path to a healthier life." - **Goodreads reviewer**
- "*The Purge Diaries* is a must-read for anyone who is interested in addiction and recovery. Nicole Johns' writing is raw, honest, and unflinching, but it is also full of hope and inspiration. This book is a

powerful reminder that addiction is a disease that can be overcome." -

**BookBub reviewer**

## About the Author

Nicole Johns is a writer and speaker who shares her story of addiction and recovery to help others find hope and healing. She is the author of the memoir *The Purge Diaries*, and she has been featured in numerous publications, including *The Huffington Post*, *The Fix*, and *Addiction Today*. Johns is passionate about helping others overcome addiction and live healthier lives. She speaks at schools, treatment centers, and community events, and she offers one-on-one coaching and support for individuals in recovery.



### **Purge: Rehab Diaries** by Nicole Johns

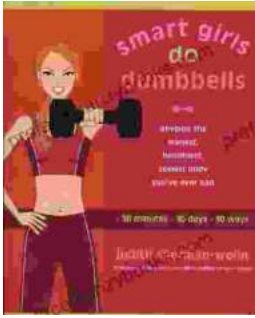
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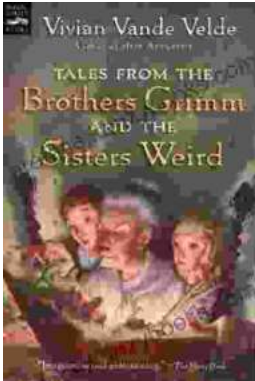
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