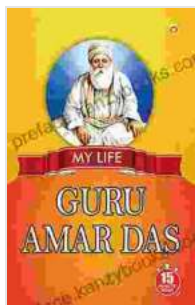


My Life Guru Amar Das: A 15-Minute Read



My Life : Guru Amar Das: 15 Minute Read by Gurpreet Singh

★★★★☆ 4 out of 5

Language : English
File size : 462 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 11 pages

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About Guru Amar Das

Guru Amar Das was the third of the ten Sikh gurus. He was born in 1479 in Basarke, Punjab, India. His birth name was Amar Chand, and he was a devout Hindu before becoming a Sikh.

In 1552, Guru Amar Das met Guru Angad, the second Sikh guru. Guru Angad recognized Amar Chand's spiritual potential and initiated him into the Sikh faith. Amar Chand took the name Amar Das, which means "servant of the immortal."

Guru Amar Das became the third Sikh guru in 1552 after the passing of Guru Angad. He served as the guru for 24 years, during which time he made significant contributions to Sikhism.

Contributions to Sikhism

Guru Amar Das made several important contributions to Sikhism, including:

- He established the Langar, a communal kitchen where food is served to all visitors, regardless of their caste or religion.
- He introduced the Anand Karaj, the Sikh marriage ceremony.
- He compiled the Adi Granth, the Sikh holy book.
- He emphasized the importance of compassion and equality.

Compassion and Equality

Guru Amar Das was known for his compassion and equality. He believed that all people are equal in the eyes of God, regardless of their caste, creed, or gender.

Guru Amar Das taught that we should treat others with kindness and respect. He said, "May I never cause pain to any being, and may I never be the cause of pain to any being."

Guru Amar Das also spoke out against the caste system, which divided society into different social classes. He said, "The true caste is not the caste of birth, but the caste of good deeds."

Journey to Spiritual Enlightenment

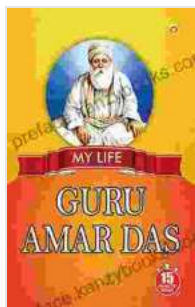
Guru Amar Das's journey to spiritual enlightenment was a long and difficult one. He spent many years meditating and practicing self-discipline. He also faced many challenges and obstacles.

Despite the challenges, Guru Amar Das never gave up on his quest for spiritual enlightenment. He eventually achieved his goal and became one of the most enlightened beings of his time.

Guru Amar Das was a great spiritual teacher who made significant contributions to Sikhism. His teachings on compassion, equality, and spirituality continue to inspire people today.

If you are interested in learning more about Guru Amar Das, I encourage you to read his biography, My Life Guru Amar Das. This 15-minute read will give you a comprehensive overview of his life and teachings.

Download My Life Guru Amar Das



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