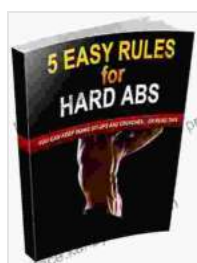


# Easy Rules For Hard Abs: The Ultimate Guide to Achieving Your Dream Body



## 5 Easy Rules For Hard Abs by Thich Nhat Hanh

★★★★☆ 4.5 out of 5

Language : English  
File size : 142 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 11 pages  
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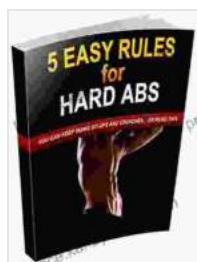
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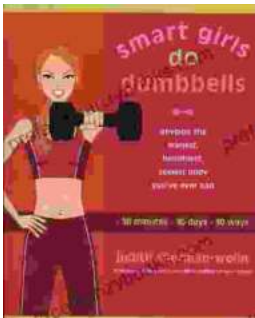
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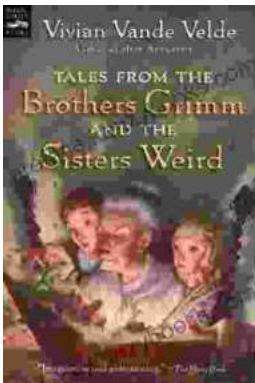
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