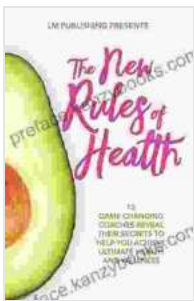


15 Game-Changing Coaches Reveal Their Secrets to Help You Achieve the Ultimate

Are you ready to achieve your ultimate potential? If so, then you need to read this book. In 15 Game-Changing Coaches Reveal Their Secrets to Help You Achieve the Ultimate, you'll learn the secrets of 15 of the world's top coaches. These coaches have helped countless individuals achieve their goals, and now they're sharing their secrets with you.



THE NEW RULES OF HEALTH: 15 GAME CHANGING COACHES REVEAL THEIR SECRETS TO HELP YOU ACHIEVE ULTIMATE HEALTH AND WELLNESS

by J.S. Brighton

★★★★☆ 4.8 out of 5

Language : English
File size : 1222 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 129 pages



This book is packed with practical advice and strategies that you can use to transform your life. You'll learn how to:

- Set goals that are aligned with your values
- Create a plan to achieve your goals

- Stay motivated and focused
- Overcome obstacles
- Achieve your ultimate potential

If you're ready to take your life to the next level, then you need to read this book. *15 Game-Changing Coaches Reveal Their Secrets to Help You Achieve the Ultimate* will give you the tools and strategies you need to achieve your dreams.

Meet the Authors

The 15 coaches featured in this book are some of the most successful and respected in the world. They have helped countless individuals achieve their goals, and they're passionate about sharing their secrets with others.

Here's a brief to each of the authors:

- **Tony Robbins** is a world-renowned life and business strategist. He has helped millions of people achieve their goals, and he's the author of several bestselling books, including *Awaken the Giant Within* and *Unlimited Power*.
- **Oprah Winfrey** is a media mogul, talk show host, and philanthropist. She has inspired millions of people with her message of hope and empowerment. She's the author of several books, including *What I Know for Sure* and *The Oprah Winfrey Show Book Club: The Ultimate Collection*.
- **Dr. Phil McGraw** is a psychologist and television personality. He has helped countless people improve their lives through his TV show, Dr.

Phil. He's the author of several books, including *Life Strategies* and *The McGraw-Hill Complete Book of Personal Finance*.

- **Deepak Chopra** is a world-renowned spiritual leader and author. He has written over 90 books on topics such as meditation, yoga, and Ayurveda. He's the founder of the Chopra Center for Well Being.
- **Marianne Williamson** is a spiritual leader, author, and lecturer. She's the author of several books, including *A Return to Love* and *The Law of Divine Compensation*. She's the founder of Project Angel Food, a non-profit organization that provides meals to people living with HIV/AIDS.
- **Brendon Burchard** is a high-performance coach and author. He's the founder of the High Performance Institute, which helps people achieve their goals in life and business. He's the author of several books, including *The Millionaire Messenger* and *The Motivation Manifesto*.
- **Mel Robbins** is a motivational speaker and author. She's the creator of the 5-Second Rule, a simple but effective tool for overcoming procrastination and taking action. She's the author of the book *The 5-Second Rule*.
- **Simon Sinek** is a leadership expert and author. He's the author of the bestselling book *Start with Why*. He's also the founder of the SinekPartners, a consulting firm that helps organizations find their purpose and inspire their employees.
- **Elizabeth Gilbert** is an author and speaker. She's the author of the bestselling memoir *Eat, Pray, Love*. She's also the author of several other books, including *Big Magic* and *City of Girls*.

- **Cheryl Strayed** is an author and speaker. She's the author of the bestselling memoir *Wild*. She's also the author of several other books, including *Tiny Beautiful Things* and *Brave Enough*.
- **Brené Brown** is a research professor and author. She's the author of several bestselling books on topics such as vulnerability, shame, and courage. She's the founder of The Daring Way, a training program that helps people develop courage and resilience.
- **Tim Ferriss** is an author and podcaster. He's the author of the bestselling book *The 4-Hour Workweek*. He's also the host of the podcast The Tim Ferriss Show, which features interviews with world-class performers.
- **Lewis Howes** is an entrepreneur, podcaster, and author. He's the host of the podcast The School of Greatness, which features interviews with successful entrepreneurs, athletes, and entertainers. He's the author of the book *The School of Greatness*.
- **Gary Vaynerchuk** is an entrepreneur, author, and speaker. He's the founder of VaynerMedia, a digital marketing agency. He's the author of several books, including *Crush It!* and *Jab, Jab, Jab, Right Hook*.

What You'll Learn from This Book

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- Create a plan to achieve your goals
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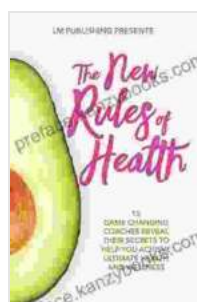
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